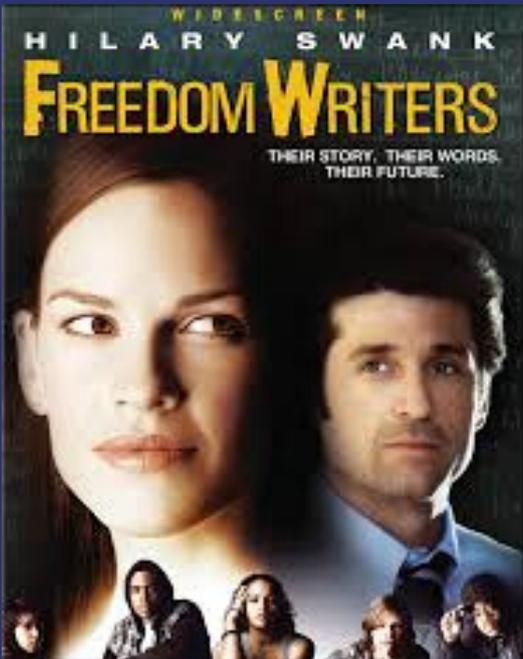


SGA VIRTUAL MENTAL HEALTH WEEK



MOVIE MONDAY - APRIL 13TH

A dedicated teacher (Hilary Swank) in a racially divided Los Angeles school has a class of at-risk teenagers deemed incapable of learning. Instead of giving up, she inspires her students to take an interest in their education and planning their future. She assigns reading material that relates to their lives and encourages them all to keep journals.

Netflix Party

Link to party will be listed 10 minutes before party starts on our social media pages

2 pm - 4 pm



DCCCSGA



DCCC_SGA

TIPS TUESDAY - APRIL 14TH

We understand adjusting to virtual learning can be hard. Join us as we take over our social media and give you tips on how to stay mentally focused during this time. We will share some of our favorite quotes, lyrics, activities, and words of encouragement.

WELLNESS WEDNESDAY - APRIL 15TH

Join SGA and Nick Schilly from the DCCC Fitness Center as we do virtual distance YOGA!

Session: 12:00 - 12:30 pm

Link:

meet.google.com/uwu-motr-jpm



TALK IT OUT THURSDAY APRIL 16TH

Join SGA and Peer Mentors as we host a "Talk it out forum". @12 pm -12:30 pm we will be joined by various campus resources: Advising, Trio, Student Life, and others to help answer your questions and concerns.

SGA, Peer Mentors, and Clubs/Orgs will stick around from @12:30-1:00 pm to talk about what we are doing to stay motivated and answer your questions.

FUN FRIDAY - APRIL 17TH

- We want to see your best Covid- 19 lip sync Show us how you are social distancing This is a challenge between faculty, staff, and students. Please send your lip sync videos to sga@davidsonccc.edu or post online and tag our social medias or #dcccclipsyncchallenge
- We will post videos April 17th - April 24th
- Winners will be announced April 29th at 3 pm.
- First prize student winner receives \$25
- Faculty/Staff prize to be announced